

Call or email us

When a precious baby or child of any age dies or is dying, or when a child is facing bereavement, lives can be shattered.

Child Bereavement UK has been providing information, guidance and support to bereaved families for 20 years.

If you are caring for, or concerned about a bereaved child, and are looking for information or guidance, our bereavement support team is here to take your call and respond to emails 9am-5pm Monday-Friday.

"I called Child Bereavement UK. Immediately we had the lifeline to make survival possible."

Bereaved mother

We provide:

- A confidential listening service
- Guidance and information on a wide range of topics and issues
- Signposting to other organisations which can offer further support specific to your needs
- Details about the direct support we can provide

Telephone: **0800 02 888 40**

Email: **support@childbereavementuk.org**

"In the bewildering terror of those early days, it was Child Bereavement UK who told us what on earth to say to our 3 year old son about where his beloved little sister had suddenly gone." Bereaved mother

Website

On our website you can find information on a breadth of issues relating to child bereavement, including:

- Books and articles that may be useful
- A searchable database of helpful organisations
- Details about the bereavement support we offer
- A section for young people including information, film clips and messages from bereaved young people
- A family forum - a place to share experiences and feelings, where you can make contact with other bereaved families

www.childbereavementuk.org

"I have been too emotional to speak at any great length to anyone yet, and this forum has helped me through the darkest days of my life." Family Forum user

Telephone support sessions

If there is no face to face support for children and young people in your area, we can provide support for parents/carers via booked telephone support sessions. Please call us to find out more.

"If I'd known I could have picked up the phone at a regular time and spoken to someone who understood, I think that would have really helped us" Bereaved partner

Contact us

“Child Bereavement UK made us believe that there is light not just at the end of the tunnel, but in the middle of it.”

Bereaved father

Support and Information
0800 02 888 40*

support@childbereavementuk.org
www.childbereavementuk.org

* Freephone number. Some mobile providers may charge, alternatively call 01494 568900



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Saunderton, Bucks HP14 4BF
Charity No in England and Wales 1040419 and Scotland SCO42910



Melissa age 9 with mum Linda

When a child or young person is bereaved - telephone support for parents/carers

Child 
Bereavement UK
REBUILDING LIVES TOGETHER