

Training for  
**Professionals**



**Child Bereavement UK is recognised as the leading provider of training for professionals working with bereaved families.**

We've trained more than

**90,000**

professionals

since the charity launched in **1994**

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**Child Bereavement UK supports families and educates professionals when a baby or child of any age dies or is dying, or when a child is facing bereavement. Last year we trained more than 9,000 professionals working in healthcare, education, social services, emergency services, and in the voluntary and commercial sectors.**

We provide a wide range of training, consultancy and support services and award-winning publications and resources. All our training is based on learning from families and how appropriate communication and support from the outset can have positive and sustained benefits for their future well being. This learning is underpinned by relevant theory and evidence-based practice, helping professionals to better understand and meet the needs of bereaved families and children. Delegates attending will have an interactive training experience using a wide range of training methods. We also encourage participants to reflect on their own feelings and experiences to support them in this emotionally demanding work.

Child Bereavement UK's training is delivered by skilled facilitators, combining subject knowledge and facilitation expertise with extensive experience of working in their field of bereavement.

The quality of Child Bereavement UK training is acknowledged through CPD certification, and some courses are accredited by professional bodies such as RCPCH and AAPT.



Child Bereavement UK has more than 23 years' experience in devising and delivering training to meet the needs of groups or organisations. We will work closely with you to ensure the training covers the aims and intended outcomes you require.

## Training workshops

We deliver multidisciplinary workshops on a range of subjects to those supporting bereaved children, young people, parents and families. We have more than 40 facilitators with a broad range of expertise and experience who provide training to individuals from organisations nationwide. Details of the workshops can be found in this brochure.

For scheduled training dates, locations, and prices, please refer to the enclosed calendar or visit our website:

[www.childbereavementuk.org/training](http://www.childbereavementuk.org/training)

## Bespoke training for your organisation

We appreciate that some organisations may have many people they wish to train, whose staff might find it difficult to attend our scheduled days, or who are perhaps looking for bespoke training.

We can deliver the workshops in this brochure, or provide a bespoke day to fit your requirements, at a location and time to suit you. Contact us to discuss your needs:

[www.childbereavementuk.org/tailormade](http://www.childbereavementuk.org/tailormade)  
[training@childbereavementuk.org](mailto:training@childbereavementuk.org)  
 01494 568926

Our training is CPD certified and participants will receive certificates of attendance.



For dates and fees, visit: [www.childbereavementuk.org/training](http://www.childbereavementuk.org/training)

## An introduction to loss, grief and bereavement

Deepen your understanding of loss and your skills in bereavement support for parents and children facing loss.

This is an entry level course and is suitable for individuals from all professions who would like to develop their knowledge and skills in bereavement before moving onto more in-depth training days.



*Child Bereavement UK's training has given me the confidence to support our pupils. I've noticed a positive impact on the children, both academically and socially.*

Teaching assistant



A parent of a child under 18 dies every 22 minutes, leaving 111 children bereaved of a parent every day.

Charlie (17), and her mother, Sara, received support from Child Bereavement UK after Charlie's father died.

## Children and young people - loss, death and grief

Enhance your understanding of grieving children and young people, whilst building your confidence in communicating with them.

This day is for all professionals who encounter bereaved children and young people during their work, whether in the statutory or voluntary sector.



## Creative ways of working with bereaved children

Explore creative ways to help children express themselves when someone important to them is dying or has died.

This day is suitable for all those whose work or volunteering includes contact with families where children are bereaved, in the social services, education, health or voluntary sector. Prior to attending, participants should have some understanding of grief and some experience of working with bereaved children.



## Grief and bereavement in schools

Develop the skills, knowledge, understanding and confidence to support pupils in your school who are experiencing loss and grief.

Suitable for anyone who works in a primary or secondary school, including teachers, head teachers, learning mentors, school nurses, other support staff and governors.



## Supporting Bereaved Pupils - online learning

Our award-winning online programme is for teachers, head teachers and support staff, developed with input from teachers and bereaved families. Increase confidence and gain practical skills to support bereaved pupils. Order the package for your school today:

[elearning@childbereavementuk.org](mailto:elearning@childbereavementuk.org)  
[www.childbereavementuk.org/onlinelearning](http://www.childbereavementuk.org/onlinelearning)



## Supporting bereaved children and young people with additional needs

Develop confidence and understanding with new skills and resources to appropriately support bereaved children and young people with special educational needs and disabilities including those on the autistic spectrum.

This workshop is suitable for professionals who encounter bereaved children and young people with additional needs during their work, whether in the statutory or voluntary sector.



## Working with bereaved teenagers

Understand more about teenagers' responses to grief to help you communicate with them and provide appropriate support.

This training is for all professionals who encounter bereaved teenagers during their work, whether in the statutory or voluntary sector.



## Working with children and young people in fractured families

Develop skills to work with bereaved children and young people in separated or fractured families.

Suitable for all professionals who work with and/or offer therapeutic services to bereaved children and young people during their work, whether in the statutory or voluntary sector.



## Accredited training course

### Working with bereaved children and young people

A selective and comprehensive modular course consisting of six units, providing an opportunity to gain a certificate in professional practice from a recognised accreditation body (level 6).

To register for our 2018 intake, please email: [training@childbereavementuk.org](mailto:training@childbereavementuk.org)

### Communicating with families when children have a life-limiting condition and complex needs

Gain a deeper understanding of families' needs and the difficulties they may face from diagnosis onwards. This training adheres to Department of Health and Together for Short Lives guidelines.

Suitable for professionals based in the community or in a hospital setting.



### Supporting parents through pregnancy loss and the death of a baby

Explore the impact that pregnancy loss and the death of a baby can have on a family as outlined in updated guidelines by SANDS and the Royal College of Midwives.

This workshop is for those whose work brings them into contact with families grieving the loss of a baby through miscarriage, termination due to fetal anomaly, stillbirth or neonatal death.



### The challenges of supporting parents through the neonatal experience

Explore issues encountered by those whose work brings them into contact with families faced with an uncertain future for their newborn.

This workshop will look at the neonatal experience from the perspective of a parent and a professional. Suitable for neonatal nurses, doctors and other healthcare staff working in a neonatal unit. Also appropriate for those working on delivery and post-natal units.



*I will be going home feeling even more passionate, empowered and ready to share my new skills and knowledge.*

Bereavement Support Midwife

### Understanding paediatric post-mortem

Increase your understanding and build confidence in communicating sensitively with parents. Supporting the HTA codes of practice, around consent, donation and post mortem.

This workshop is suitable for professionals whose work involves helping bereaved families around the time of death, including medics; mortuary and pathology staff; police and coroner's officers; and those working in a bereavement support role within the NHS.



### When a child dies – supporting parents and families

Explore the impact of the death of a child on a family and build your confidence and skills when communicating with and supporting grieving families.

For all those whose work brings them into contact with families grieving the death of their child.



*The workshop covered the whole family aspect of bereavement, which does not usually get the attention it deserves. An excellent day.*

Counsellor

In 2015,

**3434** babies were stillborn

- more than 9 babies every day

### Considering the impact on healthcare professionals when a child dies

When your work brings you into contact with child death, it is impossible not to be affected. This workshop aims to provide an opportunity to reflect on the impact this work has on you.

This is a workshop for all health professionals whose work brings them into contact with families who are grieving after the death of a child or who may be facing the death of a child.



### Supervising practitioners working with bereaved families

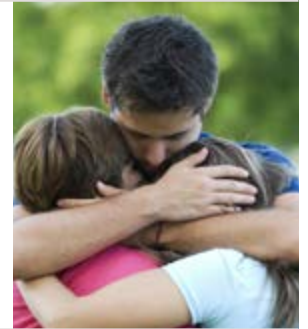
Develop a greater understanding of the skills needed to supervise practitioners working with bereaved families. The workshop will consider the challenges that supervision can present and provide an opportunity to reflect on experiences. Suitable for anyone who is currently providing supervision in a bereavement setting or for anyone who is considering taking on this role.



### Suicide – the impact on families

Deepen your understanding of the effects of bereavement by suicide on families, and increase your confidence when communicating with bereaved children and families.

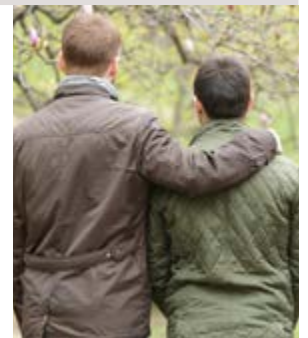
This session is suitable for anyone whose work involves supporting those who have experienced this traumatic type of bereavement.



### Understanding traumatic bereavement

Gain understanding of how the traumatic nature of a death may impact grief and learn how therapeutic opportunities can help with the grieving process.

Suitable for all those whose work involves supporting those traumatically bereaved.



*I am now more aware of the need for support for all colleagues, no matter how senior, and I feel more comfortable to approach colleagues and offer support.*

Midwife

*I feel more comfortable with the terminology to use and how to approach the topic of suicide with children.*

Counselling and Support Coordinator

Each year, more than

**6000** families are bereaved by suicide

### Facilitating groups (2-day, non-residential course)

Develop an understanding of the facilitation process, the skills needed and how to provide constructive feedback when leading a bereavement group.

This two-day course is suitable for anyone involved in leading groups of any size around bereavement, whether professional, educational, parent support groups or for professional training and development.



### Advanced facilitation skills

Develop your skills as an experienced facilitator in challenging situations, self-awareness, group dynamics, empathy and intuition when leading bereavement groups.

This workshop is suitable for experienced facilitators leading groups of any size around bereavement.



*This training consolidated my current practice and helped to ensure I am working well. I have been able to smooth off and improve my practice and have gained greater insight into my own role as a facilitator.*

Children and families' counsellor

*This training will help restructure how we run our support groups. There were some great ideas and feedback from other delegates.*

Charity trustee

### End of life care and bereavement - suitable for paediatric trainees ST4 - 8

Would your deanery consider hosting this training day for you? Child Bereavement UK can deliver this workshop on site in your deanery. It has been developed to give doctors an enhanced understanding and improved communication skills to support parents and families facing the death of a child. Doctors tell us that an invaluable part of the day is hearing from bereaved parents, giving them a deeper insight into the family's perspective. Contact us to discuss your needs.

01494 568900 | [training@childbereavementuk.org](mailto:training@childbereavementuk.org)

### RCPCH accredited bereavement training

Child Bereavement UK delivers this study day in partnership with Royal College of Paediatrics and Child Health as part of their 'How to manage' series 'How to manage: end of life care and bereavement.'

For more information, visit: [www.rcpch.ac.uk](http://www.rcpch.ac.uk)



### Bereavement training for paediatric trainees in the London Deanery

Bereavement training days are also regularly available to paediatric trainees in the London Deanery, London Specialty School of Paediatrics.

For more information, visit: [www.londondeanery.ac.uk](http://www.londondeanery.ac.uk)

Or email: [training@childbereavementuk.org](mailto:training@childbereavementuk.org)

*I would rate this course as being right up there as the most useful and thought-provoking learning I have experienced in years.*

Dr Bob Klaber, Consultant Paediatrician

For dates and fees, visit: [www.childbereavementuk.org/training](http://www.childbereavementuk.org/training)

Responding to the ever-increasing demand for high quality bereavement training, we deliver a number of regional and national conferences and study days throughout the year. With a wide range of eminent speakers, offering a variety of expertise and perspectives, delegates tell us that they leave our conferences feeling inspired and invigorated.

*The day was expertly planned and executed. The speakers were all excellent, offering a real variety of expertise and perspectives; a perfect blend of the personal, the professional, the anecdotal and the experiential.*

*Conference delegate, Scotland Schools' Conference*

Our experienced facilitators also take part in many conferences and seminars as guest speakers and workshop leaders.

For details of upcoming conferences, or to enquire about us providing a speaker for your conference or study day, please get in touch.

Visit: [www.childbereavementuk.org/training](http://www.childbereavementuk.org/training)  
 call: 01494 568055  
 email: [conferences@childbereavementuk.org](mailto:conferences@childbereavementuk.org)

*I will take away increased knowledge, as well as validation that we are working well to provide choice and best possible care that we can give at this time, whilst striving for continuous improvement.*

*Conference delegate, Neonatal palliative and end of life care*



Call our helpline

0800 02 888 40

[support@childbereavementuk.org](mailto:support@childbereavementuk.org)

### Helpline for families and professionals

If you are caring for, or concerned about, a bereaved child or young person, our support team is here to take your call and respond to emails 9 am – 5 pm, Monday to Friday.

### Online resources

Our website hosts a breadth of information including articles and information sheets that are free to download, best practice guidelines, a searchable database of helpful organisations plus details of our publications and training.

[www.childbereavementuk.org](http://www.childbereavementuk.org)



### Our fees, terms and conditions

For fees, dates and locations, please visit:

[www.childbereavementuk.org/training](http://www.childbereavementuk.org/training)

For terms and conditions, visit:

[www.childbereavementuk.org/termsconditions](http://www.childbereavementuk.org/termsconditions)

### Keep in touch

We can keep in touch with you by email to give you updates about our upcoming training, special events and conferences. To sign-up online, visit:

[www.childbereavementuk.org/signup](http://www.childbereavementuk.org/signup)

### Acknowledgements

We would like to thank the following for generously providing venues for our training across the country.



For dates and fees, visit: [www.childbereavementuk.org/training](http://www.childbereavementuk.org/training)





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01494 568 909  
[www.childbereavementuk.org/training](http://www.childbereavementuk.org/training)