





National support

Child Bereavement UK supports families when a baby or child of any age dies or is dying, or when a child is facing bereavement. If you are bereaved, caring for, or concerned about a bereaved child, our bereavement support team is here to take your call and respond to emails 9 am - 5 pm Monday to Friday. **We provide:**

-  A confidential listening service
-  Guidance and information on a wide range of topics and issues
-  Details about the direct support Child Bereavement UK can offer
-  Signposting to other organisations which can offer further support

Telephone support sessions

We can provide booked telephone support sessions for parents or carers of a bereaved child and for individuals or couples when a baby or child dies.

I called Child Bereavement UK. Immediately we had the lifeline to make survival possible.

Bereaved mother


Call our helpline
0800 02 888 40

Website

On our website you can find information on a range of issues relating to child bereavement, books and articles, a searchable database of helpful organisations and details about the support we offer families bereaved by any cause. The website includes a Family Forum, a place to share experiences with other bereaved families.

I have been too emotional to speak at any great length to anyone yet, and this forum has helped me through the darkest days of my life.

Forum user

Supporting schools

Professionals in schools have a unique role in helping grieving children and young people, as children spend a significant amount of time in school. We can offer support and training to school staff supporting bereaved students.

We also run an awareness programme for primary schools.



elephantsteaparty.co.uk

Support in Newham

Child Bereavement UK provides free support and information to bereaved children and young people up to the age of 25 and parents bereaved of a baby or child within the locality and surrounding areas.

At our centre in Newham we offer:

Face-to-face support sessions

For individuals, couples, children, young people and families.

Family support groups

These groups allow bereaved families to get together; children aged 4 to 12 can meet other bereaved children with their adult carers and express their feelings through play and creative activities in facilitated groups.

Young People's Advisory Groups (YPAG)

YPAG encourages bereaved young people aged 11 to 25 to meet in a supportive environment and work together on projects about what they think helps young people who are grieving, based on their own experiences.

Parents' support groups

These sessions give bereaved parents the chance to meet each other in a safe and supportive environment, facilitated by a bereavement support practitioner.



Support and information

Drop-in service

We are working with a number of Children's Centres in Newham to hold regular support and information sessions. These are for parents, carers or anyone who is supporting a bereaved child or for a parent who is bereaved of a child. You can drop in without an appointment, or book to see us. Please contact us for further information about the service and where we are working.

Child Bereavement UK made us believe that there is light not just at the end of the tunnel, but in the middle of it.

Bereaved father

Enquiries

Enquiries are welcome directly from families. We also welcome referrals from other agencies if a family has agreed to have their contact details passed on to us. Please get in touch to find out more about what we offer.

0208 51 970 25



Bereavement support in Newham

Contact us

0208 51 970 25

Stratford Advice Arcade
107-109 The Grove
Stratford, London E15 1HP

newhamsupport@childbereavementuk.org



Supported
by



childbereavementuk



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For families