

Mother's Day Activity

Key Stages 1&2

(Links with SEAL and PSHE)

Lesson Aims

To celebrate Mother's Day and appreciate their primary carers.

Objectives

Pupils will:

- Think about the role of their mother or special person.
- Have fun and paint a portrait.
- Be more aware that some children find mother's day difficult because their mother has died or no longer lives with the family.

Mother's Day

Introduce the session by talking to the children about how, because they are still growing up, there are lots of things that other people do for them. Get the children to say what these might be, e.g. cook meals, drive them to activities etc. Ask the children who does these things for them. There will be a variety of answers including Dads, Grandmothers etc. as well as Mums.

Without putting the spotlight on any particular child, explain that in some families there are different types of Mum, or more than one Mum, e.g. some families have step mums, foster mothers and in others it might be a grandmother, a Dad, or another special person. Explain that there are lots of different reasons for this but in some families, it is because the children's mother has died. However, those children, as well as children whose mother no longer lives with them, often still like to think about and remember their Mum in just the same way as everyone else on mother's day. Explain that the children are now going to think about their Mum or another special person, they can choose who.

Ask some prompt questions:

When I think about my Mum or special person I feel.....

When I picture my Mum or special person I see.....

My Mum or special person is special because.....

Explain that Mother's day is an opportunity to remember all the things that Mums and other special people do for us and to say thank you. Then ask the children to paint a portrait of their mother or special person which they can then take home as a thank you gift.

Note

For some children who do not have a biological mother at home, this day can be difficult. It is for this reason that this activity has been based around mothers in the broadest sense of that role. It is perfectly OK for the children to produce a portrait of whoever they consider to be their special person or mother figure.

It is always good practice to let any child whose mother has died or a child for whom this activity may be particularly difficult, know in advance about the content of the lesson. Once forewarned they usually prefer to do the same as the rest of the class. If another option is requested by the child, they could paint a memory of their Mum or something that reminds them of their Mum.