



Motherhood in the therapy room.

An Interpretative Phenomenological Analysis of the experience of mother-therapists who work with mothers who grieve for their child.

- **Are you a qualified psychotherapist or Psychologist registered with the BACP/UKCP/BPS/HPCPC?**
- **Are you also a mother of children aged 4 or under?**
- **Have you worked therapeutically with at least one mother whose own child aged 7 or under died?**

If yes to all these questions, would you be happy to talk with me, Kat Godfrey-Djundja Counselling Psychologist in Training, about how you experienced working with this grieving mother/mothers?

I would like to interview you on two occasions, with each interview lasting around 50-90 minutes – with a break of 2-3 months between the two interviews.

It is hoped the findings from this study will give an insight into the experience of mother-therapists work when they are working with sensitive topics around mothering and children, in this case the death a child; and how being a mother, who herself has not lost a child, may impact the therapeutic process and in turn may be impacted by working with this client group.

If you are interested or would like to know more please contact me on: 07779790675; or email: kathrin.godfrey-djundja@metanoia.ac.uk

The research forms part of the requirements towards a Doctorate in Counselling Psychology and Psychotherapy at the Metanoia Institute, 13 Ealing Common, in conjunction with Middlesex University. The research is being supervised by Dr Saira Razzaq; email: saira.razzaq@metanoia.ac.uk