



For children under 7

When someone special dies



A leaflet prepared with the help of bereaved families

This leaflet has been given to you because someone important has died.

You could draw a picture here and write their name. You could ask a grown-up to help you.

A large, empty rectangular box with a thick red border and rounded corners. It is intended for a child to draw a picture of someone who has died and to write their name.

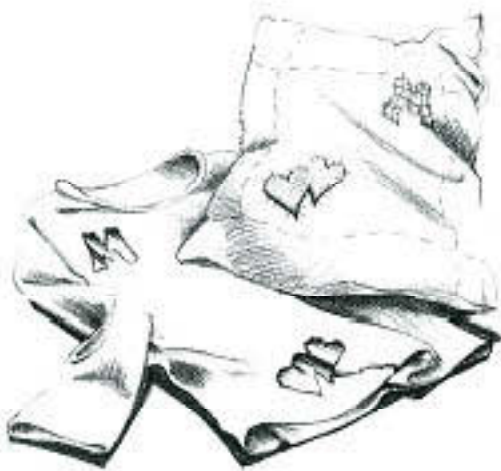
How will I remember them?

You can look at a photograph and talk about the person who has died



You could ask to keep something special to remember them by

You could decorate a memory box to keep special things in



You might like to keep something special that belonged to the person who has died

What is a funeral?

After someone dies there is a funeral.

It is a time for family and friends to say goodbye.

At a funeral people talk about what they remember about the person who has died, and might sing, say a prayer or read something special.

Everyone has a funeral when they die and their body is put in a coffin.



You might like to put a favourite toy, or a picture you've drawn into the coffin - you could ask the person who looks after you about this.



What does it mean when someone dies?

Their body doesn't work anymore.

It can't be mended.

It's not like being asleep.

They don't feel anything.

But you will always remember them.

When somebody dies we can feel lots of d

Do you have any of the



sad



lonely

tired



ifferent feelings, or sometimes none at all.

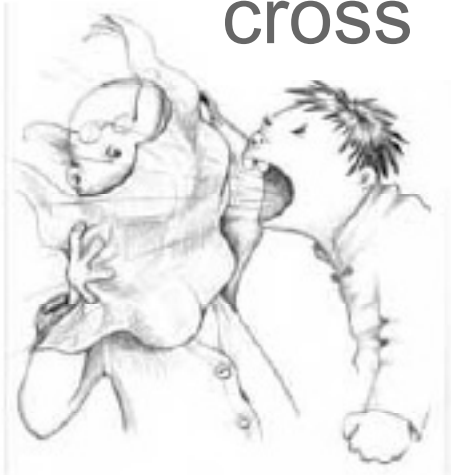
e feelings on this page?

ok



worried

cross



missing the
person



If you would like further support and information
please contact Child Bereavement UK

Tel: **01494 568900**

Email: **support@childbereavementuk.org**

Web: **www.childbereavementuk.org** (with
discussion forum for families)

With thanks to Charlie and Imogen Jones
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This leaflet has been produced
with support from the Department
of Health

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